

INSTRUCTIONS FOR CARDIAC PET SCAN

NAME: _____

TIME: _____ DATE: _____

LOCATION: Aspirus Cardiovascular Associates – Wausau

PATIENT PREPARATION

- **NO CAFFEINE 24 HOURS BEFORE YOUR TEST.**
 - Including coffee, decaf coffee, soda, tea, chocolate, and aspirin containing caffeine.
- **NO** smoking or alcohol after midnight.
- Notify us if you take insulin.
- **DO NOT** take the following meds listed below for **24 hours** prior to your appointment unless instructed otherwise. **You may take all other medications.**

Betopic/Kerlone (Betaxolol)
Blocardren/Timolide (Timolol)
Bystolic (Nebivolol)
Coreg (Carvedilol)
Corgard/Corzide (Nadolol)
Inderal/Inderide (Propranolol)
Levatol/ Penbutolol

Lopressor/Toprol (Metoprolol)
Normodyne/Normozide/Trandate (Labetolol)
Sectral (Acebutolol)
Tenormin/Tenoretic (Atenolol)
Visken (Pindolol)
Zebeta/Ziac (Bisoprolol)

- Unless otherwise specified by your doctor, the following medications **should not be taken for 48 hours prior to your test.**

Aggrenox
Aerolate (Theo-24)
Aminophylline
Anacin
Dipyridamole (Persantine)

Elixophyllin SR (Bronkodyl)
Respid
Theobid/Theolair (Theophylline)
Trental
Uniphyl

THE DAY OF YOUR TEST

- **NO** food or liquids at least **4 hours** before your test. You may take all your other medications with a sip of water unless instructed otherwise.
- If you take inhalers, please use them and bring along to your appointment.
- The exam will take 1-1½ hours.

❖ **PLEASE FOLLOW ALL INSTRUCTIONS CAREFULLY TO AVOID RESCHEDULING**

If you are unable to make your scheduled appointment and do not cancel within 24 hours, you will be charged a cancellation fee of \$25.00. This fee cannot be billed to your insurance.