

PATIENT INSTRUCTIONS FOR RENAL/ABDOMINAL ANGIOGRAM

PATIENT: _____

ARRIVAL TIME: _____ PROCEDURE TIME: _____

DATE: _____ PHYSICIAN: _____

WHERE: _____

Your physician has scheduled you for an angiogram. This is a test in which a small catheter (hollow tube) is guided through a vein or artery into the arteries of the kidney/abdomen. An iodine compound (a colorless, liquid "dye") is given through the catheter, and moving x-ray pictures are made as the dye travels through the arteries. This comprehensive test shows narrowing in the arteries, and blockages of blood flow. If blockages are found your physician may need to perform an intervention to open the vessels that are blocked.

PATIENT PREPARATION

- Please have all tests that were ordered by your physician completed before your procedure (lab work, EKG, chest x-ray).
- Limit the personal belongings that you bring with you (jewelry, money, etc.)
- You should have nothing to eat or drink after midnight, except for a small amount of water to take your medications. Continue to take all of your regular medications as scheduled and bring them with you to the hospital in their original pharmacy containers.
- If you are taking Coumadin (warfarin), Glucophage (metformin) or Insulin, please call your doctor's office for further instructions.
- An IV line will be started for your procedure.
- If you are allergic to iodine or any type of seafood, please notify your doctor's office. You may need to take medication prior to the exam.
- Unless otherwise specified by your physician, you will be released from the hospital the same day as this procedure. If an intervention is necessary to open any narrowed arteries you will stay at the hospital overnight.
- Arrangements should be made for someone to drive you home from the hospital and a responsible person to stay with you overnight.

If you have any questions or concerns please contact Aspirus Cardiovascular Associates at: (715) 847-2611 or 1(800)441-4013, Ext. 52610.

Due to emergencies and unexpected delays your scheduled time may be changed.

Signature

Date